

obtained) was arranged, so that out-patients who still require special diet will be able to continue their treatment. A certain object in a blue frock which matched its eyes, very small and very vain, adorns the wards. They do not know its name, so they call it Olga, and Mistress Olga is the oldest inhabitant of the hospital, and the first child to have been brought in. She lay in her little cot for weeks apparently dying. Then one day she suddenly changed her mind and got better with amazing rapidity. She was playing with one of the Sisters when we entered, but basely deserted her as soon as she caught sight of the big black-bearded doctor who was taking me round. She staggered successfully across the ward without tumbling down, and then clasping the doctor affectionately round the leg imperiously bade him admire her new frock. Oh, the poor, poor mother who lost this fascinating person! She may still be frantically searching for the little fairy-like damsel, or more likely she is dead, as are many of the army of mothers who left their homes in the west for the inhuman country in front of them.

Of the refugees of the interior, Kazan and its terrible baraks, tenements and common lodging houses, Miss Thurstan gives a graphic account. Terrifying visions of horrible infernoes, which will be deeply ground for ever on the minds of all who saw them. A barn-like place, the air thick and stale and foul, no furniture except the wooden shelves used as beds—the other beds are those heaps of rags on the floor. . . . We suddenly realised that those dark heaps on the floor were people—men, women, girls, lads lay about everywhere in uneasy sleep.

A little dead child lay on one of the shelves. Its mother, worn out with days of watching, lay asleep, with flushed, tear-stained face, by its side. . . .

The chapter on Jewish refugees is extraordinarily interesting. "When war broke out the Jews realised that Russia was their fatherland, and behaved splendidly. A quarter of a million Jews volunteered for military service and fought very bravely, and did everything possible to prove their loyalty, with the result that a new respect between Russians and Jews is steadily growing. . . . The Czar himself has rewarded the heroic conduct of a young Jew with the Military Cross of St. George for recapturing the Russian standard during a fierce struggle with the enemy." And yet "the greatest tragedy of war is not seen upon the battlefields."

Look out for "The People Who Run." It is an amazing bit of work, upon which we very warmly congratulate its talented author.

E. G. F.

It is to Messrs. Putnam's that nurses must turn for a really adequate Medical Dictionary. The "Medical Dictionary for Nurses" by Miss Amy E. Pope is admirable. The price is 3s. 6d.

## WHERE TO SHOP TO THE BEST ADVANTAGE.

### HOSPITAL SUPPLIES AND EQUIPMENT.

Both nurses and institutions can hardly find a more convenient shopping centre than the Hospitals & General Contract Co., Ltd., 19 to 35, Mortimer Street, or one where they will be better pleased with their purchases when made when they consider the quality of the goods supplied and the moderate prices charged. For instance, most nurses think a rubber hot-water bottle not only a luxury but a necessity. One supplied by this firm, size 12 in. by 8 in., price 5s., with a two-years' warranty, is a specimen of the value given. Moreover, whether the order given is for the equipment of a hospital throughout, or for some item required by an individual nurse, customers are always treated with consideration and courtesy and every effort is made to meet their requirements. The firm are contractors to the Admiralty, the War Office, and the British Red Cross Society. We commend to notice the hygienic enamelled steel bedpan, with lift-off rim and cover, which has only to be seen for its advantages to be appreciated. When calling at this establishment, nurses should on no account omit to visit the Nurses Equipment Section, a section we specially commend to those proceeding abroad, as they can rely upon the quality of supplies sent to them if they send home orders.

MESSRS. E. & R. GARROULD, 150, Edgware Road, W., have an attractive salon where everything that Matrons and Nurses can need for themselves or in connection with their work is conveniently displayed. It should be noted that they are contractors to the St. John Ambulance Association and the British Red Cross Society, and supply the complete official uniform of both, including the new Red Cross regulation cap. The handy Nurses' catalogue should be filed for reference, as orders by post become an easy matter after consulting its pages.

MESSRS. DOWN BROS., St. Thomas' Street, S.E., are a household word for all that is excellent in hospital equipment and supplies. The standard of their surgical instruments is too well known to require emphasis, and an operating theatre furnished by the firm is the last word in up-to-date equipment.

MESSRS. ALLEN & HANBURYS, 37, Lombard Street, E.C., are a firm upon whose preparations both nurses and midwives place great reliance. Recently in response to suggestions and requests from members of the medical profession for an improved Casein-Glycerophosphates Nerve Food they have produced under the name "Bynogen" a tonic food possessing the advantages of high nutritive power, ready miscibility and attractive flavour. "Bynogen" contains pure soluble Milk Protein and the Glycerophosphates of Soda, Lime and Magnesia; to these is added a specially prepared Dextrine-Maltose. "Bynogen" is thus rendered easy of assimilation and the pleasant taste is a strong point in its favour.

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